



GEMS

A Meal and Social Program for Older Adults living in the R.M. of Macdonald

July 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 NO MEAL Happy Canada Day!	2	3	4
5	6	7	8 Ham & Potato Salad Cold Plate	9 Ham & Potato Salad Cold Plate	10	11
12	13	14	15 Lemon Chicken	16 Lemon Chicken	17	18
19	20	21	22 Farmer's Sausage & Perogies	23 Farmer's Sausage & Perogies	24	25
26	27	28	29 Lasagna	30 Lasagna	31	

Please call Leanne at 204-735-3052 to sign up no later than the Monday before each week's meals.
We will try to accommodate special dietary requests.
 Menu subject to change.

Please call ahead to confirm.
\$10 per person